



# Port Moody Times

Thursday  
October 19, 2023  
Day 1

## **STUDENT ID CARDS**

For students who had their photos taken **IN THE BEGINNING OF SEPT** and have not picked up their Student ID card, please come to the office during lunch or after school to pick up. We have ***not*** received any student ID Cards/ photo packages from the photo retakes yet.

## **Port Moody Secondary—Grad Photo Sessions**

Grade 12 students are invited to book their graduation photos with our photography company. Artona will be on site at the school October 13-25th. Any graduation photos taken after this time will need to be taken at their studio in Vancouver.

To book a photo session, please use the link provided (students will need their student number): [Artona: Since 1909](#)

If there are any questions, please don't hesitate to contact Vice Principal Denise Nembhard ([dneembhard@sd43.bc.ca](mailto:dneembhard@sd43.bc.ca)).

## **LANGUAGE CHALLENGE EXAMS 2024**

Delta School District is again offering Language Challenge Exams for students fluent in a (selected) language other than English. The exams are held in Delta. Posters are up around the school with Delta School District's website - where you can access more information as well as the online application form. For further information go to their website <https://www.deltasd.bc.ca/schools/secondary/challenge-exams/> or contact your counsellor: Cindy Campbell (A-Kim), John Gibney (Kin-Neb) or Asia Sidhu (Nec-Z)

1. The deadline for applications to the 2023/2024 Language Challenge Exams is **November 3, 2023**.
2. Exams will take place on Saturday, **January 27th** and Sunday, **January 28th**, 2024. Your exam will take around three hours – you will be informed whether your exam is scheduled for the morning or afternoon.
3. In the Challenge Exam Application Package, **Page 9 is to be filled out online before you print** the package. You will see the highlighted areas and drop boxes where you should type.
4. Confirmation emails will be sent out by **December 15, 2023**.

## **Grade 9—Take Our Kids to Work**

We are pleased to participate again Take our Kids to Work™ **Wednesday, November 1**. Take Our Kids to Work™ is an annual national program in which Grade 9 students are hosted by parents/guardians, friends, relatives, and volunteers at workplaces across the country every November. The program supports career development by helping students connect school, the world of work, and their own futures. Grade 9 students will not attend school on this day; their day will consist entirely of being at a work site (those who work remotely are also encouraged to participate in the day). Students will share their learning through a follow-up activity later in the week. Please check your Grade 9 student's SchoolCashOnline account, complete the consent form, and submit by Monday, October 23, so that the absence can be excused.

If you have any questions, please reach out to Ms. Denise Nembhard, Vice Principal: [dneembhard@sd43.bc.ca](mailto:dneembhard@sd43.bc.ca)

## **ATTENTION PROGRAMMERS!!**

We have our first competition of the year, the BCC! It is open to grades 9 and 10, and is a 45-minute problem-solving contest with a focus on computational and logical thinking. No programming knowledge is required!

Link to signups: <https://forms.office.com/r/rxxxxp90pT>

Date: November 6, 2023

Registration Deadline: October 19, 2023

Time: 3:30pm-4:30pm

Room: TBD

Price: \$3.00 payable on School Cash Online

## **SPOOKY POSTCARD STORY COMPETITION**

Attention PMSS prepared to be scared and spooked! We are having our first short story competition in years with the Spooky Postcard Story Competition. Everyone is encouraged to enter your original story of no more than 200 words, and under the theme of "Spooky". There are posters around the school and simply enter your story online with judges from around the school and prizes for the top 3 short stories! Come be celebrated for your creative writing and put that on your resume! Entries are due next week on October 25<sup>th</sup> by midnight. Good luck and be frightful!

## **SPIRIT WEEK: OCTOBER 25-31**

Hey PMSS! Ready for a bit of pre-Halloween fun? From dressing up to throwing it back for some quirky nostalgia, your first PMSS Spirit Week is here!

- **Wednesday, October 25:** Dress like your favourite teacher - come to school with your best impression of a teacher!
- **Thursday, October 26:** Dress like a celebrity
- **Friday, October 27:** Formal Friday - wear your finest suit or dress.
- **Monday, October 30:** Mini Me Monday - dress up like your younger, elementary school self!
- **Tuesday, October 31:** Halloween Costumes. Remember to keep your outfits school-appropriate, meaning no derogatory clothing and keep in mind that cultures are not a costume!

## **The Annual Boo Bash: October 31 at Lunch**

Join us in the large gym for a lunchtime of spooky Halloween activities. The event will feature:

- Costume Contest via Microsoft Forms (opens Oct 31, 8:00am):
  - Gift card prizes for the top costume in each of the following categories: scariest, funniest, most creative, best group (2-5 people), best Block 2 class, and best costume during live judging
- Various club booths
- Musical performances
- Riddles/Mystery Boxes for chances to win free candy.
- LIVE costume contest, judged by fellow PMSS teachers.

## **MATH COMPETITION**

In November, we are also offering the AMC 10/12 A!

The AMC 10 A and AMC 12 A are both 25 question, 75 minute, multiple choice examinations designed to promote and enhance problem solving skills. For more information, visit <https://maa.org/math-competitions/amc-1012>

AMC 10 is for students in 10th grade and below (covering high school curriculum up to 10th grade)

AMC 12 is for any student in 12th grade and below, and covers the entire high school curriculum

Registration Deadline: Tuesday, October 24th at 11:59 pm

Contest Date: Wednesday, November 8th 3:15 - 5:00 pm

Price: \$5.00

Register here: <https://forms.office.com/r/CehU3ecVhv>

For any questions, please email [pmssmcc@sd43bccca.onmicrosoft.com](mailto:pmssmcc@sd43bccca.onmicrosoft.com)

## **HOMEWORK CLUB**



Do you struggle to get your homework done? Would you benefit from one-on-one help? If so, Homework Club might be for you!

Location: Room 203  
Days: Tuesday & Thursday  
Time: 3:15 - 4:15 pm



Everyone is welcome!

## **Tokyo during Spring Break 2025!**

Students who were interested in going to Japan, there is a Parent/Guardian meeting at PMSS on October 26th at 7pm. To confirm attendance please scan the QR found on posters around the school or click the link below. If you have any questions please see Mrs. Casey in room 106.

<https://rsvp.eftours.ca/a99atc3>



## **REMINDERS WHEN USING THE BUS**

As Translink is back to regular levels of service, please keep the following in mind when you are taking public transit:

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that is safe for everyone!

# ONGOING

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

## **GR. 12 OFF-BLOCK STICKERS**

Gr. 12 students who need an off-block sticker can pick them up at lunch or after school at the office. Please bring your Go-Card and a copy of your schedule.

**PMSS TIMES:** The PMSS Times newsletter will be emailed to parents and students on Tuesdays and Thursdays. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

## **CAREER CENTRE**

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

### **PMSS Career Resource Centre**

**Room: 3066.** Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) or call 604-939-6656 ext. 3066. **Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail Ms. Rose**

For Grade 12, [PMSS Big Picture book 2023 2024.pdf](#) Focus on the BIG PICTURE for the Graduates of 2024 – a guide for your Grade 12 Year – Overview of the Year Ahead.

**For Grade 12** - PowerPoint slides copy from September 25<sup>th</sup> Grade 12 presentation. [Post-Secondary Application 101.pptx](#)

**For Grade 12** - PowerPoint slides copy from October 11, 2023 Grade 12 presentation. [Grade 12 Scholarship Presentation .pptx](#)

### **Virtual / In-person Information Sessions, Presentations & University / College Fairs**

Post-Secondary Info Session Scheduled Visit , [2023-2024 Post-Secondary Info Session Schedule.docx](#)

<b>Ivey School Western University</b>	October 19 <sup>th</sup> 11:35am – 12:25pm	Drama Room
<b>*NEW* UBC Medical Student Outreach Ambassador Presentation</b>	October 23 <sup>rd</sup> 10:50am-11:50am	Drama Room
<b>Grade 12 Post-Secondary meeting</b>	October 24 <sup>th</sup> 3:20pm - 3:50pm	Library Learning Commons (LLC)
<b>Post-Secondary BC Mini Fair</b>	November 2 <sup>nd</sup> 12:15pm – 1:45pm	Small Gym

*\*The UBC Ambassador Program is an outreach program led by UBC's Faculty of Medicine MD Admissions office. It enables current medical students to share their perspective on what it means to have a career in medicine.*

**Join this year for BC's largest hands-on trade event for youth. Trades Expo** brings together employers, training providers, and the trades all under one roof. Trades Expo's provide youth with an opportunity to explore the Trades. There are hands on opportunities, there are employers looking to hire graduates and there are training providers looking to register youth for training programs. Tradespeople are ready to answer questions and engage with youth. When: **October 18-19,2023**. To register and for more information visit, [Trades Expo 2023 - Event Registration Tickets, Multiple Dates | Eventbrite](#)

**SFU Lecture Series – 20 October 2023.** Come and explore Faculty of Applied Science at SFU by attending a lecture with university students and taking a tour of the campus. This event is open to students in grades 10-12. Participants can expect to attend a university lecture, learn more about programs at SFU, take part in a student-led campus tour, and enjoy a complimentary lunch! Spaces are available on a first-come, first serve basis. Your attendance will be confirmed via email. See further conditions and notifications below. Register today: [Upcoming Events - Faculty of Applied Sciences - Simon Fraser University \(sfu.ca\)](#)

**UFV Open House event on October 21 (between 10 am and 2 pm)** at the **Abbotsford campus Athletic and Recreation Centre**. This event will be an informative, fun-filled day where students can experience what UFV has to offer, whether they've already applied to UFV or are still exploring options. **Who can attend** : prospective students and their supporters, including parents, guardians, high school counsellors and partners, educators, and friends. **Website and RSVP:** <https://ufv.ca/openhouse/>

**UBC Engineering Open House – On – Campus (UBC Vancouver Fred Kaiser Building 2332 Main Mall)** Saturday November 4<sup>th</sup> 10:00am – 2:00 pm. Discover why UBC Engineering is one of Canada's top engineering schools. Prospective high school and post-secondary transfer students are invited to join on the Vancouver campus to explore all that UBC Engineering has to offer through in-person booths and demonstrations. To register and for more information visit, [UBC event details](#). See other information session being offered online and in-person at, [UBC events](#)

**\*NEW\* Capilano University Open House Saturday, November 25, 2023, 11 am-2pm.** Discover Capilano University programs, learn about financial aid and entrance awards, connect with faculty, peers and current students, and visit the Bosa Centre for Film & Animation. For more details visit, [CAPILANOU.CA/EXPLORE](https://CAPILANOU.CA/EXPLORE)

**Coquitlam School District Post Secondary International Education Fair** – Meet international education representatives and explore your options. Thursday, November 30, 2023 @ 3:00pm to 6:00pm. Register before November 1<sup>st</sup> to be entered into a draw to win door prizes at the event. To register, [Coquitlam School District International Education Post-Secondary Fair November 30 \(office.com\)](https://www.coquitlam.bc.ca/education-international-education-post-secondary-fair-november-30-office.com)

**\*NEW\* SFU School of Criminology Undergraduate Program zoom presentation** - November 30, 2023 5:00pm. Register in advance for this meeting: [Meeting Registration - Zoom](#). After registering, you will receive a confirmation email containing information about joining the meeting.

**ECF Education & Career Fairs.** The annual Education & Career Fairs provide an opportunity for high school students to connect with representatives from universities, colleges, and skilled trades learning institutions, and employers from across Canada. More than just a trade show, ECF creates opportunities for individuals or organizations to chat, ask questions and learn together. **All their fairs are completely free to attend!** . You can expect to see a medley of professionals and post-secondary representatives in attendance who can help you take the first steps in entering the workforce and/or assisting your students in their pursuit of higher education. For more information visit, [ECF 2023 \(educationcareerfairs.com\)](https://www.educationcareerfairs.com).

**\*NEW\* UBC** info sessions in the lower mainland are virtual this year. However, every week, there are two live info sessions on Zoom that have 30 min at least of Q&A at the end. They also have 1 Application Workshop live on zoom per week where you can learn more about the Personal Profile and how to apply. Registration for UBC online sessions, including Application Workshops and live virtual info sessions is available on our [Tours and Events page](#) (under Information Sessions). They also have a recorded All About UBC presentation available [here](#). Students can email [recruitment.ok@ubc.ca](mailto:recruitment.ok@ubc.ca) with any questions

### **General Learning Opportunities**

**22+ TRADES TRAINING PROGRAMS,** Visit ["TRAIN in Trades" Programs - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](https://www.sd43.bc.ca/train-in-trades)  
**Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)

Upcoming **online** Career Fair Event for high school girls, **October 19, 5-6pm PDT.** This event will feature **women professionals** working in diverse STEM careers. Participants will learn about their various careers including **Uro-Oncology, Biochemistry and Teaching.** This event is open to all girls, and is not exclusively for those who are indigenous. Participating high school girls will also get the opportunity to chat with women professionals and ask questions about their careers. To register, <https://www.eventbrite.com/e/quantum-leaps-career-conference-uro-oncology-biochemistry-and-teaching-tickets-721584176697?aff=oddtcreator>

**SFU Black Youth Outreach Event – 20 October 2023.** For interested grade 11 and 12 youth in the Black communities, come and explore the Faculty of Applied Sciences at the SFU Surrey Campus. Taking place at the Sustainable Energy Engineering building, attend a lecture with university students, take a tour of the campus and speak with a panel of representatives from the community. For more information visit, [Upcoming Events - Faculty of Applied Sciences - Simon Fraser University \(sfu.ca\)](https://www.sfu.ca/coming-events/faculty-of-applied-sciences)

**Biomedical Engineering Department at Vancouver General Hospital - Open House Event on Wednesday, November 1st from 12 PM to 4 PM.** It will be open for everyone who may be interested in visiting the hospital and in knowing more about biomedical engineering. There will be medical device demonstrations such as electrical surgical unit, bone scalpel, laparoscopy, ventilator and many more. Students will be able to try out some of these medical devices like real healthcare professionals! Please find their YouTube video introducing their department of what their day-to-day work looks like. [https://www.youtube.com/watch?v=zuAu32W40nE&ab\\_channel=BCBiomed](https://www.youtube.com/watch?v=zuAu32W40nE&ab_channel=BCBiomed). **Interested students must have parent and teacher permission to miss class to attend this Open House.**

**UBC Sauder School of Business** invite interested students to join their on campus for **Fall Preview 2023**, an in-person info session designed for students interested in applying to UBC BCom program and their families. **Date:** Saturday, November 4, 2023 **Time:** 9:00am - 12:30pm PDT **Location:** 2053 Main Mall at UBC Vancouver **Registration is required.** This event is designed for students in Grades 10 and 11 but is open to any high school student hoping to learn more about the UBC BCom program. A livestream broadcast will also be available—when registering, students can select the livestream option to access the Zoom link. [Register for the Fall Preview 2023](#)

**2024 Junior Firefighter Programs** School District NO. 43 is partnering with both Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different junior firefighting programs for 2024. These programs are open to SD 43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits. Applications are open Nov. 1–Dec. 8, 2023. For more information see, [2024 Junior Firefighter Program Flyer](#) . **Info session will be November 8<sup>th</sup> during lunch time (11:35am - 12:25pm) in the library.**

The district will be participating in **UBC Black Futures** again this year. The Black Futures program is a unique opportunity for Black-identifying Grade 10-12 students from across Greater Vancouver to be introduced to post-secondary options and discussions about higher education. The program consists of both online and in-person meetings at UBC. High school students work with UBC students, as well as a variety of faculty and other professionals. There is no cost for students to attend—they will be bussed to and from UBC. If you have any question, please reach out to Denise

Nembhard the Vice Principal at Port Moody Secondary School, or Dr. Annette Henry and Batheseba Opini at UBC ([UBC.Blackfutures@ubc.ca](mailto:UBC.Blackfutures@ubc.ca)). Please complete [Black Futures 2023 2024 Field Trip Consent Form.pdf](#) and return the completed form to Ms. Nembhard or Ms. Rose by November 9th. For more information, please click [HERE](#).

**Tundra's Women in STEM** invite students to their annual event on **Thursday, November 9**, at **535 Thurlow Street**. The students will hear a live keynote from Margot Lee Shetterly, author of Hidden Figures, a panel discussion with distinguished industry leaders, and connect with mentors for a face-to-face group session. The event is completely free for all to attend, and parents are also welcome to join. Registration is open right now, but spots are limited. **RSVP** : <https://bit.ly/TundraSTEMGlobal>

**Millennium STEM BC** presents STEMCon 2023, a province-wide STEM conference featuring a variety of networking opportunities and hands-on tech workshops for high school students. The event will be held at the BCIT Tech Collider in downtown Vancouver. Through STEMCon 2023, students will be given the opportunity to collaborate with like-minded individuals and professionals in STEM industries, learning the importance of technology and its practical applications across a diversity of careers. STEMCon this year will feature three workshop streams for various interests: Personal Health, Community Health, and Environmental Health. **WHERE**: BCIT Tech Collider (555 Seymour Street) **WHEN**: Saturday, November 18th, 2023 (9am - 4pm; registration begins at 8:30am) **REGISTER**: [stemcon2023.eventbrite.com](https://stemcon2023.eventbrite.com) . For more information, visit their conference page at [bit.ly/millenniumstembc](https://bit.ly/millenniumstembc).

**BCIT Biotechnology Career Awareness Workshop**. NOW ACCEPTING APPLICATIONS for the BCIT Career Awareness Workshop. **Workshop A: Winter Term - December 11 – 15, 2023**. The program is directed at Grade 10, 11 and 12 students with a strong interest in science who want to learn more about applying biology to real-world problems such as human disease. It is built on a partnership between BCIT, local biotechnology companies and participating school districts. They will be accepting 24 students with priority given to Grade 12 students first and then Grade 11 and 10 students based on date order they apply and district allotment. To apply and for more information, [BCIT 2023 Biotechnology Career Awareness Workshop Program](#).

**SHAD Canada**, Spend the month of July exploring the world of STEAM and entrepreneurship through exciting lectures, experiential workshops, team-building activities, and a design project that inspires students to tackle real-world problems. [Shad programs](#) give Grade 10 and 11 students a once-in-a-lifetime opportunity to **grow** their mindset, **collaborate** in a university classroom with youth across the country (and internationally!!), and **build** community change maker capabilities using #STEAM4Good to make an impact! To apply and for more information visit, [Shad Canada | Apply for Shad2024!](#)

**Society of Canadian Women in Science and Technology (SCWIST)**. SCWIST is an advocate for Equity, Diversity and Inclusion (EDI) in schools, universities, businesses and Canadian society, and supports efforts to promote equality for all, especially within science, technology, engineering and math (STEM). Applications for their [eMentoring program](#) are now **open**. eMentoring runs three times a year. The program is available for any students who identify as female or women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning. Sign up for eMentoring and they can put you in touch with a professional woman who is closely matched to your own interests or understands your situation. To apply, [eMentoring Application - SCWIST](#)

**Shad** offers a digital program, [ShadAnywhere](#), that is accessible to youth across Canada (and internationally!). In partnership with Athabasca University, students get access to university content, mentors, digital field trips, Indigenous knowledge sharing and community building events. ShadAnywhere participants have the opportunity to complete the [Elevate your Personal Brand MOOC](#) and the Introduction course of the [AI Ethics Micro-credential Certificate](#) through Athabasca University. Both of these courses are asynchronous, giving students the opportunity to complete at their own pace. Students will have 90 days, beginning at the program start, to complete these courses and earn university credit.

## **Volunteer/Employment Opportunities**

**PICS Youth Service Corps** - PICS is a registered non-profit organization. They have 2 free volunteer programs for youth aged 15-29 and are currently recruiting participants. The programs are funded by the Canadian government. It's free for participants, and comes with perks including certificates of completion, a letter of reference, a subscription to Coursera, travel expenses, and more. With our programs, students can accumulate a minimum of 120 volunteer hours. See flyer for more details, [Youth Service Corps Programs flyer](#).

**Community Volunteer Connections** - [Volunteer Fair - Community Volunteer Connections](#) - this event will bring together volunteers and nonprofits for a day of networking and connecting: the **Volunteer Fall Fair 2023!**

**MusicXConnect – Join a music-based non-profit**: Hi PMSS! We are MusicXConnect, a youth-led registered non-profit in Canada focused on sharing music with the community and bringing music resources to youth. We are looking for students that are passionate about music and working with the local community. Currently we are looking for:

- New music groups (string ensembles, jazz groups, rock bands, etc.)
- Video-editors for an online music database project

If you are interested as a music ensemble please visit: <https://musicxconnect.org/join-us/>.

If you are interested as a video editor, please fill out this form: <https://forms.gle/Puye9W2LcXz3UJKT8>.

**Coquitlam Centre Career Days – October 20<sup>th</sup>, and 21<sup>st</sup> from 10am to 12pm, Sunday October 22<sup>nd</sup> 11am-1pm. Bring your resume to the store and meet with the store management. Visit, [Jobs | Coquitlam Centre](#) or store websites to see available opportunities.**

Inlet United Church at The Springs in Port Moody is partnering with Chef Fred Soofi, to host a Harvest Dinner Fundraiser on Saturday, October 28th. They are looking for **volunteers** to help in setting up the sanctuary for the dinner, on the morning of Saturday, October 28th. It would include setting up the tables, setting out the chairs, placing tablecloths and decorating. If you are interested please email Fran Mitchell [fmitchell@telus.net](mailto:fmitchell@telus.net).

**Legion British Columbia/Yukon Command** is looking for volunteers to help with their service. Their service include: organizing and helping at events, cooking meals, fundraising for the poppy campaign, managing branch social media pages, designing posters and graphics and much more. Go to [Home - Legion BC/Yukon Command \(legionbcyukon.ca\)](http://legionbcyukon.ca) to find your local branch.

#### **XDHACKS MINI VANCOUVER – EXECUTIVE TEAM (VOLUNTEER)**

XdHacks Mini is a global youth-led non-profit organization that hosts hackathons for high school students. Their previous events include various hackathons both in-person (ex. hosted at the University of British Columbia) and virtually (ex. Climate Code 2021 featuring over 230 participants from 10+ countries). Most recently, XdHacks Mini organized Hackamental 2023, where experienced professionals from companies like Amazon, Microsoft, the Government of Canada, and Fortinet inspired participants through presentations, workshops, and judging. Currently, XdHacks Mini is actively recruiting dedicated high school students from the Lower Mainland to become part of the next phase of XdHacks Mini Vancouver. Joining XdHacks Mini Vancouver offers an opportunity for students to contribute to a rewarding endeavour. In 2023-2024, XdHacks Mini plans to introduce an in-person summer hackathon. (<https://forms.gle/xZgVdvKa7AZxYsw79>)

**Port Coquitlam Recreation** is excited to be offering a number of volunteer opportunities for people 14+ years of age beginning this Fall, including afterschool programs, skate and swim lessons, art programs, a youth leadership group, and community events. This is a great opportunity for anyone looking to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website at [www.portcoquitlam.ca/volunteer](http://www.portcoquitlam.ca/volunteer). See flyers for more details, [Fall 2023 Youth Flyer.docx](#)  
[Reading Buddies Teen Poster Fall 2023.docx](#)

The **Port Moody Public Library** is looking for teen volunteers for their Book Buddies and Code Buddies programs (in-person and online). You can get experience, leadership skills, and volunteer hours working with kids. Apply to become a teen volunteer at [Teen Volunteer Programs - Port Moody Public Library \(portmoodylibrary.ca\)](http://portmoodylibrary.ca).

**Seaview Community School and Miller Community School** are looking for volunteers to help with their afterschool programs. **Program Details:** The afterschool programs provide students with a variety of games and activities including Arts & Crafts, Lego & Board Games, Outdoor Games (weather permitting), homework help and much more! **Position:** Looking for volunteers to play, to hang out with the kids, play board games, do crafts, help supervise and cleanup. **Location:** Seaview Times: 2:45/3 pm – 5:00 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). Miller Park Times: 2:45 – 4:45 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). If you are interested, please email Ms. Neelofar Nurani at [nnurani@sd43.bc.ca](mailto:nnurani@sd43.bc.ca)

**Youth Leadership Millennium (YLM)** program hosted by non-profit S.U.C.C.E.S.S., which is one of the largest charitable organizations in British Columbia providing services in settlement, language training, employment, family and youth services, and community development. YLM program provides youth aged 15-30 with opportunities to develop leadership skills, engage with their community, and build confidence. It is a free 8- month long leadership program. YLM offers certificate, 120 service hours, training certificates, reference letters and more. To register and for more information visit, <https://successbc.ca/forms/career-and-youth-services-group-registration-form/>

**The Youth Development Instrument (YDI)** is a youth health and well-being survey for Grade 11 students in BC. They need passionate youth (aged 15-18 years) to join their Youth Advisory Council (YAC) as YDI Ambassadors. YDI Ambassadors discuss and provide feedback on all aspects of the YDI study to ensure the project is relevant for youth. YAC meetings are held by video call 6 times a year. Ambassadors undertake their roles as volunteers but will receive a small honorarium to support time spent on YAC activities. To apply and for more information visit, [https://ubc.ca1.qualtrics.com/jfe/form/SV\\_9ymN8zw0uPoU45w](https://ubc.ca1.qualtrics.com/jfe/form/SV_9ymN8zw0uPoU45w)

#### **Scholarship / Awards**

[List of Scholarships, Awards, Bursaries .docx](#)

Wondering what scholarships are available for you? Go to, [Scholarships Made Simple | ScholarTree](#) and sign up. This website will provide you with a list of scholarships that you may be qualified to apply for.

**Canadian Psychological Association** - Canadian Indigenous Student Award Program - Every year, CPA will host a competition for one (1) scholarship for a student entering their first year of an undergraduate degree in psychology at a Canadian university, as well as one (1) scholarship for a graduate student entering graduate studies at a Canadian university. This award will support one undergraduate and one graduate student, each with \$4000.00 awarded during their first year of study. This award is renewable for additional years, up to (3) for undergraduate students and up to (5) for graduate students. To apply, [Indigenous Student Award: Scholarship in Undergraduate & Graduate Psychology Canadian Psychological Association \(cpa.ca\)](#). Deadline for applications is November 1, 2023. click here for full instructions: [Indigenous Student Award Instructions-EN-OCT2022.pdf \(cpa.ca\)](#)

**Rotary Youth Exchange - The Rotary Study Abroad Scholarship** is currently seeking students looking for an adventure for the 2024 – 2025 School year! The scholarship covers tuition, room and board and monthly stipend. 2024 – 2025 Exchange Applications Deadline November 1, 2023. To apply, [Home Page | Rotary District 5050 Youth Exchange \(youthexchange5050.org\)](#). [RYE Scholarship flyer 2024-2025 October Info Session 1 page poster.pdf](#)

**TD Scholarships for Indigenous Peoples - AFOA Canada**, a not-for-profit led by Indigenous Peoples and TD worked to build a scholarship for Indigenous Peoples. Through it, 25 scholarships are available to be awarded annually, worth up to \$60K over 4 years. **Applications are now open and will close on November 6, 2023 at 11:59pm EST. Apply now, [TD Scholarship for Indigenous Peoples – AFOA Canada](#)**

The **Lester B. Pearson International Scholarships** at the **University of Toronto** provide an unparalleled opportunity for outstanding **international students** to study at one of the world's best universities in one of the world's most multicultural cities. Pearson Scholars will receive full funding for four years of tuition, books and living costs, and gain a global perspective on issues that matter most to them. Visit [The Lester B. Pearson International Scholarships - Future Students. University of Toronto | University of Toronto \(utoronto.ca\)](#) for complete details. **PMSS Scholarship committee will select **one** graduating student for nomination.** To be nominated see application instruction, [Lester B. Pearson International Scholarship Application.pdf](#) **Submit application by November 9, 2023.**

**Queen's University** Chancellor's Scholarship – For those who are applying to Queen's University you may be qualified to apply for the [Chancellor's Scholarship](#). To apply, [2023-25 PMSS Nomination-Queen's Chancellor's Scholarship](#). Deadline to apply, November 14<sup>th</sup>, 2023.

**TD Scholarships for Community Leadership** - Are you a student in your final year of high school (if you live outside Quebec), or in your last year of CEGEP (if you live in Quebec)? Have you shown a commitment to making a positive difference in your community? You may be eligible for a TD Scholarship for Community Leadership valued at up to \$70,000 over 4 years towards a post-secondary college or university education. Apply online between September 6 and November 15, 2023. Apply now, [Scholarship Partners Canada | Universities Canada](#). All applications and supporting documents must be submitted online by 1:00 p.m. EST, **Wednesday, November 15, 2023.**

**The Kinsmen Club of Coquitlam** is pleased to promote a fantastic funding opportunity for volunteer-minded post-secondary students in our community - \$1000 bursaries through the Kin Canada Bursaries Program! All students attending a recognized university, college, trade school, or technical institute in the 2024-2025 academic year are encouraged to apply. **Kin Canada Bursaries** are awarded to students based on demonstrated financial need, volunteerism, and knowledge of Kin Canada and the Kinsmen Club of Coquitlam. For more information or to apply, please see [Apply - Kin Canada](#). Applications are due by February 1, 2024 at 11:59 p.m. Pacific Time.

**Terry Fox Humanitarian Award** – Valued at \$28,000 The Terry Fox Humanitarian Award is one of Canada's most established and prestigious awards. The Terry Fox Humanitarian Award is interested in students who demonstrate **compassion** and a **keen commitment to easing the suffering of others**, especially those who address critical needs in society. Terry Fox Scholars are '**doers**' with the ability to **inspire** and make a **positive impact** on the lives of others. Visit, [Terry Fox Humanitarian Award | \(terryfoxawards.ca\)](#) for more details and to apply. Application opens on November 1<sup>st</sup>, 2023. Deadline to apply December 1<sup>st</sup>, 2023.

**Horatio Alger Canadian Scholarships** - For grade 11 students with Financial need. 160 \$5,000 Scholarships Awarded Funded through the generosity of the members of the Canadian Association. The Canadian Scholarships are awarded to eligible students across all provinces and territories in Canada. For more details visit, [Canadian Scholarships - Horatio Alger Association Canada](#). The application opens December 1, 2023.

**Legion British Columbia/Yukon Command** offers bursaries to students in need of financial assistance. Visit, [Find a Legion Branch - Legion BC/Yukon Command \(legionbc yukon.ca\)](#) to see if you are eligible for their bursary.

**2023 – 2024 Schulich Leader Scholarships.** The **Schulich Leader Scholarships** are the largest and most prestigious entrance scholarships awarded to high school graduates enrolling in Science, Technology, Engineering or Mathematics (**STEM**) program at 20 Canadian partner universities. Each year, 100 scholarships are awarded – 50 for engineering students valued at **\$120,000 per** scholarship and 50 for science, technology or math students valued at **\$100,000 per** scholarship. **NOTE:** To be awarded a Schulich Scholarship in your discipline, students must be **nominated** from their high school, and they must have applied to at least one of the 20 partnered institutions. See attached application for more information, [2023-2024 Schulich Application.pdf](#)

## **PARENTS**

**PMSS 2023-2024 SCHOOL CALENDAR:** Please click [HERE](#) for the 2023-2024 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

We would like to welcome and thank the following parents for joining the PAC for the upcoming 2023/2024 school year. Congrats to:

**Alicia Purvis: PAC Chair**  
**Grace Liang: Vice Chair**  
**Miwa Aoki : Secretary**  
**Fanny Feng: Treasurer**

**DPAC Rep: OPEN**  
**AfterGrad Chair: OPEN**  
**AfterGrad Secretary: OPEN**  
**AfterGrad Treasurer: OPEN**

YOU ARE INVITED TO

# "HOW TO TALK TO YOUR YOUTH ABOUT SUBSTANCE USE"



Join SHARE's Youth Substance Use Services Program in a virtual presentation around supporting youth on the topic of substances and substance use.

**OCTOBER 25TH 6:30-8:00 VIRTUAL ON ZOOM**

RSVP via link or QR code here: <https://forms.office.com/r/RQGbsq37b2>

**Topics will include:**

- Adolescent brain development
- Adolescence and substance use
- Adolescence and mental health
- Continuum of use and parenting at various stages
- Tips for your approach
- Self-Care
- Time for Q&A
- Resources for further support and learning

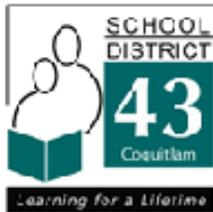


Visit our [website](#) for more resources



Questions regarding general erase training may be emailed to: [erase@gov.bc.ca](mailto:erase@gov.bc.ca)

Training Offering	Dates	Delivery	Registration Link
Family Session: Establishing Safe, Caring, & Respectful Digital Communities – Everyone Welcome! Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.	November 8, 2023 6:30pm – 7:30pm	online	<a href="https://www.eventbrite.ca/e/732334942527?aff=oddtcreator">https://www.eventbrite.ca/e/732334942527?aff=oddtcreator</a>
	November 28, 2023 7:00pm – 8:00pm	online	<a href="https://www.eventbrite.ca/e/732343096917?aff=oddtcreator">https://www.eventbrite.ca/e/732343096917?aff=oddtcreator</a>
	November 30, 2023 6:30pm – 7:30pm	online	<a href="https://www.eventbrite.ca/e/732346587357?aff=oddtcreator">https://www.eventbrite.ca/e/732346587357?aff=oddtcreator</a>



1080 Winslow Ave., Coquitlam, British Columbia V3J 0M6 • Phone 604-939-9201

October 6, 2023

**A Message to SD43 families: Safe and Appropriate Halloween**

Halloween across all schools in SD43 is a fun and festive day which brings the school community together. Typically, the time around Halloween is incident-free and very respectful.

From time to time, a few students "in character" push the boundaries of what is socially acceptable, or what is appropriate behavior in schools, sometimes at the expense of others. With that in mind, for student safety and school climate reasons, and to ensure that every student and adult in our community enjoys the time around Halloween, we would like your assistance in reinforcing these guidelines with your children:

- Students in costume should be easily recognizable and/or identify themselves to any staff member when queried. Also, students "in character" are to conduct themselves appropriately. Behaviors which intimidate, harass, or humiliate members of the community do not contribute to a fun, festive, and safe environment.
- Replica weapons (guns, knives, etc.) are inappropriate, as are costumes which are hyper-sexualized, or costumes which depict elements of sexual exploitation.
- It is also important to note that costumes which portray negative stereotypes or that demean or make fun of any group of people are inappropriate. Costumes should not make light of anyone's religious, cultural, ethnic or racial group.

As a reminder, by law and School District expectations, the use and possession of firecrackers or fireworks at school is strictly prohibited. This pertains to students before, during or after school, on or offsite.

With respect for each other, we can avoid any disruption to school communities in the form of vandalism and/or disrespectful, potentially dangerous behaviour. Students and parents need to be mindful that inappropriate behaviour will be addressed by school administration under the authority granted by the BC School Act and with the involvement of police where appropriate.

Please refer to these readily available public websites for more information:

<https://www.coquitlam.ca/286/Fire-Safety-Tips>

<https://www.portcoquitlam.ca/city-services/fire-emergency-services/fire-safety-information/>

<https://www.portmoody.ca/en/city-services/fall-safety-tips.aspx#Halloween-Safety>

Have a safe and happy Halloween.

Sincerely,

Patricia Gartland  
Superintendent/CEO

Serving the Communities of Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody

**Creating Effective Partnerships – November 7th**

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

**Planning for the Future – November 16th**

School District 43 invites parents and caregivers of high school students with developmental delays, disabilities, and diverse learning needs to an information session intended to help families think about, and plan for the transition from high school to adult life. This presentation will include a panel of guest speakers representing school district 43 programs, inclusive post-secondary institutes, employment supports, government agencies, and community supports. Entering adulthood is an important milestone, therefore taking action early will help create a smooth and successful transition plan for the future.

**Transition into Kindergarten – January 11th**

The Learning Services Zone Coordinators and other school personnel from School District # 43 invite parents and caregivers of children with developmental delays, disabilities, and diverse learning needs to an information session to discuss what to expect when your child enters kindergarten. We will also discuss how you can be involved to help make the transition successful for your child as they embark on their educational journey.

**Stepping Up to Secondary School – February 6th**

School District 43 invites parents and caregivers of middle school students with developmental delays, disabilities, and diverse learning needs to an information session focusing on how Secondary School can provide meaningful educational opportunities that support the student's development, maturity and progress towards future goals. A successful transition to Secondary School means that students have access to classes and school experiences that prepare them for what comes after high school – post-secondary education, employment, and full participation in all aspects of community life.

**Time to Talk About Middle School – March 5th**

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

**When: 7:00pm - 9:00pm (doors open at 6:30pm)**

**Location: Education Learning Center - Room B103/B104  
1080 Winslow Avenue, Coquitlam**

**Questions? Please contact Colleen Lambert at [colambert@sd43.bc.ca](mailto:colambert@sd43.bc.ca)**

**Please note, registration is required. Click [HERE](#) to register**

**CREATING EFFECTIVE PARTNERSHIPS**

TUESDAY NOVEMBER 7TH @ 7:00PM

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

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**Questions? Please contact Colleen Lambert at [colambert@sd43.bc.ca](mailto:colambert@sd43.bc.ca)  
Please note, registration is required. Click [HERE](#) to register**

# COMMUNITY



## Youth Skate

\$2.25  
per youth

Starting Friday, October 13

8-9:15pm Arena 2

Grades 6-12 (must show go-card at door)

**NEW** Advance registration required,  
no drop-ins permitted, no exceptions.

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register.



@pomoyouth | [portmoody.ca/Youth](https://portmoody.ca/Youth) | 604.469.4556

PORT MOODY  
CITY OF THE ARTS



## Frankenfest

Saturday, Oct 28

6-8pm Rec Complex

Pumpkin carving, games  
and prizes, movie and snacks  
(kettle corn and hot apple cider). Tools  
provided, please do not bring your own.

FREE

For  
grades  
6-12

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register.

@pomoyouth | [portmoody.ca/Youth](https://portmoody.ca/Youth) | 604.469.4556

PORT MOODY  
CITY OF THE ARTS